



Weekly Programs
885-6777
 tutushouse.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5
	9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support	11a Caregiving Conversations 12:30p Cancer Support Group For Women	10:30a Zumba® Gold	1:30p Scrabble Meetup	
7	8	9	10	11	12
8a Yoga Basics 9:30a Tutu's Quilters	9:30a Advanced Ukulele 10a Writers' Support Group Noon Positive Care Communications 12:30p Knitting & Knitting Support 4p Beginner's Yoga	10a Fibromyalgia Help 11a Ancient Yoga 1p Parkinson's Wellness & Neuroplasticity Support	Noon Freedom from Pain w/EFT Support Group	1:30p Scrabble Meetup 5:30p Family Science Night	10a Basic Estate Planning 2p Tutu's House Toning Group
14	15	16	17	18	19
8a Yoga Basics 9:30a Tutu's Quilters 1:30p Chair Tai Chi Chi Kung	9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support 4p Beginner's Yoga	11a Ancient Yoga 5p Plant Based Pot-Luck Hui	10:30a Zumba® Gold	1:30p Scrabble Meetup	12:30p Harmony for Health 3p Broken Brain
21	22	23	24	25	26
8a Yoga Basics 9:30a Tutu's Quilters	9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support		Noon Freedom from Pain w/EFT Support Group 1p ALOHA Kidney	1:30p Scrabble Meetup	10:30a Self Massage for Shoulders and Neck
28	29	30	31	<h1>MAY 2018</h1>	
MEMORIAL DAY Tutu's House CLOSED	9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support	10a ADRC Aging & Disability Resources For Seniors	1p ALOHA Kidney		