

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# SEPTEMBER 2018



Weekly  
Programs  
885-6777  
tutushouse.org

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<b>3</b> Tutu's House <b>CLOSED for            LABOR DAY</b>	<b>4</b> 9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support	<b>5</b> 12:30p Cancer Support Group For Women 3pm Words of Wisdom Book Club	<b>6</b> 10a Carl Jung Reading Group 10:30a Zumba® Gold	<b>7</b> 9:30a Chair Yoga 1:30p Scrabble Meetup 4:30p Kumulau Ho'ike	<b>8</b> 2p Tutu's House Toning Group <hr/> <b>SUNDAY 9</b> 1p Holon Health
<b>10</b> 9:30a Tutu's Quilters 10a PTC Powerful Tools for Caregivers 1:30p Chair Tai Chi/ Chi Gong	<b>11</b> 9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support 4p Beginner's Yoga 5:30p Hyperbaric Oxygen 101	<b>12</b> 11a Caregiving Conversations 1p Parkinson's Wellness & Neuroplasticity Support	<b>13</b> 10a Carl Jung Reading Group	<b>14</b> 9:30a Chair Yoga 1:30p Scrabble Meetup 5:30p Family Science Night	<b>15</b> 2p How to Start a Business in Hawai'i
<b>17</b> 8a Yoga Basics 10a PTC Powerful Tools for Caregivers 9:30a Tutu's Quilters 1:30p Senior Fit Club	<b>18</b> 9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support 4p Beginner's Yoga	<b>19</b> 5p Plant Based Pot-Luck Hui	<b>20</b> 10a Carl Jung Reading Group 10:30a Zumba® Gold 1p Aloha Kidney	<b>21</b> 9:30a Chair Yoga 1:30p Scrabble Meetup 5:30p In Search of PIKO / A Path Forward for Mauna Kea	<b>22</b> 12:30p AARPSmart Driver Course 12:30p Harmony for Health <hr/> <b>SUNDAY 23</b> 2p Wheel of Life Workshop
<b>24</b> 8a Yoga Basics 10a PTC Powerful Tools for Caregivers 9:30a Tutu's Quilters 1:30p Senior Fit Club	<b>25</b> 9:30a Advanced Ukulele 10a Writers' Support Group 12:30p Knitting & Knitting Support	<b>26</b> 3p Words of Wisdom Book Club	<b>27</b> 10a Carl Jung Reading Group 1p Aloha Kidney	<b>28</b> 9:30a Chair Yoga 1:30p Scrabble Meetup	<b>29</b> 9:30a Basic Estate Planning 1pm <b>Tutu's            House            Open            House</b>