

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>J U A N U A R Y</b>	<b>1</b>  <b>HAPPY NEW YEAR's</b> <b>Tutu's House Closed</b>	<b>2</b>  <b>11a</b> Caregiving Conversations <b>12:30p</b> Cancer Support Group For Women	<b>3</b>  <b>8:15a</b> NIA Fitness Dance <b>10a</b> Carl Jung Reading Group	<b>4</b>  <b>9:30a</b> Chair Yoga <b>1:30p</b> Scrabble Meetup	<b>5</b>  <b>10a</b> Basic Estate Planning 101 <b>1p</b> The Holon Method	
	<b>7</b>  <b>8a</b> Yoga Basics <b>9:30a</b> Tutu's Quilters <b>1:30p</b> Senior Fit Club	<b>8</b>  <b>9:30a</b> Advanced Ukulele <b>10a</b> Writers' Support Group <b>12:30p</b> Knitting & Knitting Support	<b>9</b>  <b>1p</b> Parkinson's Support	<b>10</b>  <b>10a</b> Carl Jung Reading Group	<b>11</b>  <b>9:30a</b> Chair Yoga <b>1:30p</b> Scrabble Meetup	<b>12</b>  <b>10a</b> Grow Your Own LA'AU <b>2p</b> Tutu's House Toning Group
	<b>14</b>  <b>8a</b> Yoga Basics <b>9:30a</b> Tutu's Quilters <b>1:30p</b> Senior Fit Club <b>5:30p</b> Wildfire Preparedness Workshop	<b>15</b>  <b>9:30a</b> Advanced Ukulele <b>10a</b> Writers' Support Group <b>12:30p</b> Knitting & Knitting Support <b>4p</b> Beginner's Yoga	<b>16</b>  <b>5p</b> Plant Based Pot-Luck Hui	<b>17</b>  <b>8:15a</b> NIA Fitness Dance <b>10a</b> Carl Jung Reading Group <b>10:30a</b> Zumba® Gold <b>1p</b> Bullet-Proof Knees	<b>18</b>  <b>9:30a</b> Chair Yoga <b>1:30p</b> Scrabble Meetup <b>5p</b> "THRIVE" Documentary	<b>19</b>  <b>10:30a</b> Harmony for Health
	<b>21</b>  <b>MARTIN LUTHER KING DAY</b> <b>Tutu's House Closed</b>	<b>22</b>  <b>9:30a</b> Advanced Ukulele <b>10a</b> Writers' Support Group <b>12:30p</b> Knitting & Knitting Support <b>4p</b> Beginner's Yoga	<b>23</b>	<b>24</b>  <b>10a</b> Carl Jung Reading Group <b>1p</b> Aloha Kidney	<b>25</b>  <b>1:30p</b> Scrabble Meetup	<b>26</b>
	<b>28</b>  <b>9:30a</b> Tutu's Quilters <b>1:30p</b> Senior Fit Club <b>5:30p</b> Placebo [NO Placebo] or Nocebo?	<b>29</b>  <b>9:30a</b> Advanced Ukulele <b>10a</b> Writers' Support Group <b>12:30p</b> Knitting & Knitting Support <b>4p</b> Chronic Swelling or Lymphedema?	<b>30</b>	<b>31</b>  <b>8:45a</b> Baby Massage <b>10a</b> Carl Jung Reading Group <b>1p</b> Aloha Kidney	<b>20 19</b>	 <b>Weekly Programs</b> <b>885-6777</b> tutushouse.org