

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7
TUTU'S HOUSE CLOSED Happy Labor Day!	9:30a Advanced Ukulele 10a Writers' Support Group 1p Knitting 4p Beginner's Yoga 5:30p Longevity Science • Dr. Fuhrman by Teleconference	11a Caregiving Conversations 12:30p Cancer Support Group For Women	10a Carl Jung Study Group 10:30a Zumba® Gold 5:30p Build A Better Brain 5:30p Self Healing with Energy Medicine	1:30p Scrabble Meetup 3p T'ai Chi for Everyone! 6p The College Application Process for Seniors & Parents	10a Basic Estate Planning 101 2p Documentary The Human Element
9	10	11	12	13	14
8a Yoga Basics 9:30a Tutu's Quilters 2p Chair Yoga	9:30a Advanced Ukulele 10a Writers' Support Group 1p Knitting 2:30p Tutu's House 25 Years Strong	10a Backgammon 10a Prepare to Care AARP Caregiving Edu. 1p Parkinson's Support 1p Breastfeeding Support	10a Carl Jung Study Group Noon Medical Support Self-Hypnosis Practice 3p T'ai Chi for Everyone!	1:30p Scrabble Meetup	1p TUTU'S OPEN HOUSE Fall Prevention Fair
16	17	18	19	20	21
8a Yoga Basics 9:30a Tutu's Quilters 2p Chair Yoga	9:30a Advanced Ukulele 10a Writers' Support Group 1p Knitting	10a Backgammon 10a Managing Medications AARP Caregiving Edu. 5p Plant Based Vegan Pot-Luck Hui	10a Carl Jung Study Group 10:30a Zumba® Gold 1p Aloha Kidney (#1/6) Edu. series 5:30p Build A Better Brain	1:30p Scrabble Meetup 5:30p Graduating from Your Pediatrician	
23	24	25	26	27	28
8a Yoga Basics 9:30a Tutu's Quilters 2p Chair Yoga	9:30a Advanced Ukulele 10a Writers' Support Group 1p Knitting	10a Backgammon Noon Thrive After Narcissistic Relationship 3p Words of Wisdom Circle	10a Carl Jung Group Study / Discussion 1p Aloha Kidney (#2/6) Edu. series	1:30p Scrabble Meetup	11a Hana Hou Tutu's House 25th Birthday Fundraising Luncheon
30					
8a Yoga Basics 9:30a Tutu's Quilters 2p Chair Yoga					



SEPTEMBER 2019