February 2026

*online only
+online option

Tutu's House
Weekly Programs
885-6777
tutushouse.org

Space is limited for our in-person activities and registration is required by calling 808-885-6777.

Interested in something on Zoom? Email newsletter@tutushouse.org for a link to register. There is never a cost to participate.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY SUNDAY
					1 **9:30a** +CALM
2 **8a** Yoga Basics **9:30a** Sit/Stand Dancing **10a** *Fitness with Aloha **1p** +Chair Yoga **4:30p** Mahina Circle	**3** **9:30a** Ukulele **10a** *Tutu's House Writers Support Group **12p** *Awakening Intuition **1p** +Qi Gong & Tai Chi **6p** Wild Child Dance Party	**4** **8:15a** Mat Pilates **9:30a** Kūpuna Circle **10a** *Fitness with Aloha **10a** Ta'i Chi Chu'an **1p** Living in the Moment	**5** **9a** Anuenue Quilters **10:30a** Jungian Reading Group **1p** Mah Jong Meetup **4:30p** Ukulele & Vocals for Beginners **4:30p** Longevity/Pain	**6** **8a** *Yoga Basics **9a** Yoga Stretch **10:30a** +CALM **12p** *Women's Support Group **1p** Scrabble **1p** Joyful Meditation	**7** **8** **9:30a** +CALM
9 **8a** Yoga Basics **9:30a** Sit/Stand Dancing **10a** *Fitness with Aloha **10a** Tutu's Quilters **1p** +Chair Yoga	**10** **9:30a** Ukulele **10a** *Tutu's House Writers Support Group **1p** +Qi Gong & Tai Chi **2p** *Choosing Peace	**11** **8:15a** Mat Pilates **9:30a** Kūpuna Circle **10a** *Fitness with Aloha **10a** Ta'i Chi Chu'an **2:30p** Medicare Pop Up **5:30p** Hearts for Hula	**12** **9a** Anuenue Quilters **10:30a** Jungian Reading Group **1p** Mah Jong Meetup **4:30p** Ukulele & Vocals for Beginners **5:30p** Night Knitting	**13** **8a** *Yoga Basics **9a** Yoga Stretch **10:30a** +CALM **1p** Scrabble **1p** Joyful Meditation	**14** **15**
16 *HOLIDAY* *Presidents' Day*	**17** **9a** Akamai Seniors **9:30a** Ukulele **10a** *Tutu's House Writers Support Group **1p** +Qi Gong & Tai Chi	**18** **8:15a** Mat Pilates **9:30a** Kūpuna Circle **10a** *Fitness with Aloha **10a** Ta'i Chi Chu'an **5:30p** Science of Awe	**19** **9a** Anuenue Quilters **10:30a** Jungian Reading Group **1p** Mah Jong Meetup **4:30p** Ukulele & Vocals for Beginners	**20** **8a** *Yoga Basics **9a** Yoga Stretch **10:30a** +CALM **1p** Scrabble **2:30p** Caregivers Support Group	**21** **22** **9:30a** +CALM
23 **8a** Yoga Basics **9:30a** Sit/Stand Dancing **10a** *Fitness with Aloha **10a** Tutu's Quilters **1p** +Chair Yoga **4:30p** Mahina Circle	**24** **9:30a** Ukulele **10a** *Tutu's House Writers Support Group **1p** +Qi Gong & Tai Chi **2p** *Choosing Peace	**25** **8:15a** Mat Pilates **9:30a** Kūpuna Circle **10a** *Fitness with Aloha **10a** Ta'i Chi Chu'an **2:30p** Medicare Pop Up **5:30p** Hearts for Hula	**26** **9a** Anuenue Quilters **10:30a** Jungian Reading Group **1p** Mah Jong Meetup **4:30p** Ukulele & Vocals for Beginners **5:30p** Night Knitting	**27** **8a** *Yoga Basics **9a** Yoga Stretch **10:30a** +CALM **1p** Scrabble	**28** **1p** Advance Health Care Directive Workshop